

LIFELAB DURHAM

Life Skills for Teens • Summer 2026

REGISTRATION AND LIABILITY RELEASE, WAIVER, AND INDEMNIFICATION AGREEMENT

August 10–14, 2026 | Durham, NC | Ages 15–18

■ **IMPORTANT:** Please read this Registration and Liability Release, Waiver, and Indemnification Agreement (the "Release") before signing. By completing and signing this form, you acknowledge understanding and full agreement to all terms, including assumption of risk, liability waiver, medical authorization, photo release, code of conduct, and transportation provisions contained in this Release.

5. ACTIVITIES AND ACKNOWLEDGMENT OF INHERENT RISKS

I, the undersigned parent or legal guardian ("Parent"), certify that my child, as identified in the accompanying registration form ("Participant"), has voluntarily entered into this Release in connection with Participant's participation in the "Activities" described in this Release, which is being operated by Challenge The Wild USA, LLC d/b/a LifeLab Durham ("LifeLab Durham"). The Activities shall include without limitation:

- Standing and working in a kitchen environment;
- Using hand tools including but not limited to hammers, screwdrivers, wrenches, power drills, and pliers;
- Walking, carrying equipment, and navigating uneven terrain in outdoor settings;
- Handling knives, building, lighting, maintaining, and extinguishing controlled outdoor fires under adult supervision, and working near hot water, steam, and heated surfaces;
- Riding in vehicles and handling basic vehicle equipment;
- Walking on woodland trails and building outdoor shelters; and
- Lifting and moderate physical exertion across all program activities (collectively, the "Activities").

Participant hereby recognizes and accepts that participation in the Activities involves inherent risks, including but not limited to:

- Physical activities including cooking, kitchen use, knife skills, food handling and storage;
- Use of kitchen appliances, hand tools, basic equipment, and fire extinguishers;
- Off-site transportation in motor vehicles to a grocery store, an auto mechanic, a fire station, woodland venues, and community service sites;
- Vehicle-related demonstrations and learning about basic maintenance of motor vehicles;
- Outdoor activities including fire building, knot work, tarp building, water sourcing, navigation, gardening and basic survival skills;
- Exposure to environmental conditions including sun, heat, cold, rain, and other rapid weather changes;
- Interaction with other participants and community volunteers;
- Physical exertion during active program days, which may make Participant less attentive and increase the risk of injury;
- Contact with other participants, equipment, and natural hazards;
- Encounters with wild animals, insects, or poisonous plants;
- Transportation-related incidents, accidents, or injuries;
- Exposure to communicable diseases and viruses (e.g., COVID-19, Flu, or RSV); or
- The possibility of accident, serious injury, or death as a result of or arising out of Participant's participation in the Activities.

Participant understands that despite reasonable safety precautions by LifeLab Durham, its employees, staff, and volunteers, accidents and injuries may occur. Participant further understands and acknowledges that the risks described above are not complete and that participation in the Activities may involve additional unknown or unanticipated risks that are not readily foreseeable at this time, but which could result in serious injury, illness, permanent disability, or death. With full knowledge and understanding of these risks, Participant voluntarily and knowingly assumes all risks associated with Participant's participation in the Activities, whether or not described above, and whether arising from the ordinary negligence of the Released Parties (defined below) or otherwise.

Signer acknowledges that Participant has been informed of the risks of participating in the Activities offered by LifeLab Durham and has chosen to participate in such Activities despite these risks. To the fullest extent permitted by North Carolina law, I intend this Release to support the assumption of inherent risks associated with the Activities.

SIGNER IS AWARE THAT THE ACTIVITIES MAY BE DANGEROUS AND THAT PARTICIPANT COULD SUSTAIN SERIOUS INJURY OR DEATH. PARTICIPANT IS VOLUNTARILY PARTICIPATING IN THE ACTIVITIES WITH KNOWLEDGE OF THE DANGER INVOLVED, AND AGREES TO ASSUME ANY AND ALL RISKS OF ACCIDENT, BODILY INJURY, DEATH, OR PROPERTY DAMAGE, WHETHER THOSE RISKS ARE KNOWN OR UNKNOWN.

6. RELEASE, WAIVER OF LIABILITY, AND INDEMNIFICATION

For and in consideration of being permitted to participate in the Activities, Participant agrees, on behalf of themselves, their heirs, executors, administrators, and personal representatives ("Releasing Parties"), to hereby irrevocably, unconditionally, and forever release, acquit, discharge, and hold harmless Challenge the Wild USA LLC, Aldersgate United Methodist Church, and each of their respective parents, subsidiaries, affiliates, sponsors, landlords, premises owners, licensors, insurers, directors, officers, members, managers, employees, contractors, volunteers, agents, drivers, partner organizations, successors, and assigns, and all other persons and entities connected with such entities, whether herein named or not (collectively, the "Released Parties"), from any and all charges, actions, complaints, causes of action, claims, liabilities, obligations, promises, controversies, damages, suits, proceedings, expenses, attorneys' fees, and demands of any kind or nature whatsoever, including all losses, property damage, or personal injury, including death ("Claims"), known or unknown, suspected or unsuspected, whether arising out of contract, tort, strict liability, or otherwise, whether currently existing or arising, occurring, or accruing in the future, based upon, arising out of, related to, or connected in any way to Participant's participation in the Activities, including as a result of negligent rescue operations, whether based on theories of negligence, gross negligence, intentional misconduct, or act of God, except to the extent caused by the willful or wanton misconduct, or violations of law by any Released Party.

Participant agrees to indemnify, defend, and hold harmless the Released Parties from and against any and all Claims, liabilities, demands, damages, losses, costs, and expenses (including attorneys' fees and related expenses) of whatever kind or nature made against, incurred, or suffered by any Released Party as a direct or indirect consequence of Participant's participation in the Activities, including without limitation any Claims arising from injury, sickness, disease, or death to persons, or injury to or destruction of property.

7. REPRESENTATIONS AND WARRANTIES

Signer represents and warrants that Participant is in good health, physical condition, and does not suffer from any disability which would prevent safe participation in the Activities. Signer certifies that they have disclosed all relevant medical conditions concerning Participant.

Signer understands that LifeLab Durham is a small, activity-based program involving cooking, tools, transportation, and outdoor activities. Signer understands that Participant's participation in the Activities may be limited or restricted by LifeLab Durham, in its sole discretion, if it determines that Participant cannot safely participate in the Activities.

8. MEDICAL AUTHORIZATION AND EMERGENCY TREATMENT

Signer expressly authorizes LifeLab Durham, its employees, staff, volunteers, and Aldersgate United Methodist Church to:

- Administer basic first aid and, with parent/guardian permission or in an emergency, over-the-counter medication consistent with the information provided in the registration form;
- Seek emergency medical treatment or call 911 for Participant to address any medical emergencies, including but not limited to injections, anesthesia, surgery, or hospitalization without waiting for parent/guardian authorization, and contact Participant's emergency contact and/or if Signer cannot be reached; and
- Transport Participant to the nearest medical facility if necessary.

Participant recognizes and accepts that cooking and food-related activities may involve exposure to common allergens, including but not limited to nuts, dairy, eggs, wheat, soy, fish, shellfish, and other ingredients. Signer certifies that they have disclosed all known allergies and dietary restrictions and understands that LifeLab Durham cannot guarantee an allergen-free environment.

FINANCIAL RESPONSIBILITY:

Signer understands that they are responsible for all medical expenses incurred as a result of injury or illness during Participant's participation in the Activities. LifeLab Durham does not provide Participant with accident insurance or medical insurance. LifeLab Durham is NOT responsible for costs not covered by Participant's primary health insurance. Signer acknowledges that they are responsible for any transportation costs, emergency room visits, follow-up care, and treatment not covered by Participant's insurance.

9. PHOTOGRAPHY AND MEDIA RELEASE

Participant and Signer hereby grant LifeLab Durham, its affiliates, successors, and assigns an irrevocable and unrestricted right to capture, record, use, reproduce, publish and distribute any photographs, videos, audio recordings, or other media in which Participant may appear or be heard during Participant's engagement in the Activities, in whole or in part, for any lawful purpose, including without limitation educational, promotional, informational, advertising, or marketing uses, in any format and through any media channels now known or later developed. This permission is granted without compensation, notice, or further approval, and includes the right to edit or composite such media as LifeLab Durham sees fit. Participant and Signer waive any right to inspect or approve the finished product or its eventual use. Participant and Signer understand that Participant has no ownership or other rights in the resulting media and release LifeLab Durham from any and all claims, demands, and liabilities in connection with the use of such media, including without limitation any claims for defamation, invasion of privacy, or infringement of moral rights under federal or North Carolina law.

Signer further understands that:

- Participant's first name only will be used; last names will not be published;
- Photos will be used on lifelabdurham.com, social media channels, email newsletters to program alumni and prospective families, and printed promotional materials; and
- LifeLab Durham owns the rights to use the images for the purposes described above.

Photo/media opt-out preferences are captured in the registration form. If you opt out, Participant will not be excluded from Activities, but staff will avoid photographing or recording Participant. Photos/recordings taken without intent will not be shared publicly or retained.

10. PARTICIPANT CODE OF CONDUCT

All participants are expected to:

- Treat staff, volunteers, and fellow participants with respect and kindness at all times;
- Follow all safety instructions and program rules without exception;
- Participate actively and honestly in all scheduled Activities;
- Refrain from bullying, harassing, or disrespectful behavior toward others;

- Not possess or use alcohol, tobacco, drugs, or weapons of any kind;
- Wear closed-toe shoes (REQUIRED for all Activities for safety reasons);
- Wear clothing appropriate for weather and scheduled Activities;
- NOT use personal electronics, including phones, tablets, gaming devices, headphones, smartwatches, or similar devices, during scheduled Activities or off-site community visits except with staff permission for emergencies or parent/guardian contact;
- NOT share personal information (email address, phone number, social media handles, home address, etc.) with any community members, volunteers, or outside contractors at off-site locations;
- NOT engage in any form of harassment based on sexual orientation, gender identity, race, ethnicity, native language, or socio-economic status; and
- Return to program location at designated times; unauthorized departures are not permitted.

CONSEQUENCES FOR VIOLATIONS:

Violation of this Code of Conduct may result in immediate dismissal from the program WITHOUT REFUND. Parents/guardians will be notified and expected to arrange immediate pickup. LifeLab Durham may also require immediate pickup if Participant becomes ill, is injured, refuses to follow safety instructions, creates a safety concern, or otherwise cannot safely continue participating in the Activities.

Serious violations including violence, threats, weapons, illegal substances, or sexual misconduct may be reported to law enforcement, parents/guardians, partner organizations, or other authorities as appropriate or required by law.

The decision to dismiss a participant for Code of Conduct violations is final. No partial refund will be issued for dismissal. The refund policy in Section 12 does not apply to dismissal for conduct violations.

Participant should not attend if they have a fever, vomiting, symptoms of a contagious illness, or any condition that may endanger other participants, staff, volunteers, or community partners.

LifeLab Durham is not responsible for lost, stolen, or damaged personal belongings. Participant should not bring valuables unless specifically needed for the program and scheduled Activities.

Authorized pickup adult names and early release preferences are captured in the registration form. Participant may only be released at the normal pickup time to a parent/guardian or an authorized adult named in the registration form. LifeLab Durham may require photo identification before releasing Participant to an authorized adult.

11. TRANSPORTATION AND OFF-SITE ACTIVITIES

Signer expressly authorizes Participant to:

- Be transported by the Program Director or a nominated alternative in motor vehicles owned or arranged by LifeLab Durham or Aldersgate United Methodist Church;
- Participate in off-site activities at partner organizations including but not limited to automotive shops, fire departments, conservation areas, community gardens, food banks, and other community service organizations as scheduled; and
- Participate in outdoor/wilderness activities at approved woodland venues.

TRANSPORTATION CONDITIONS:

Signer understands that transportation will be provided by the Program Director or a nominated alternative. Drivers must hold a valid driver's license, carry appropriate liability insurance, obey traffic laws, require seatbelt use, and observe safe driving practices, including no texting while driving. Participant may not drive, ride in cargo areas, or ride without a working seatbelt. LifeLab Durham is not responsible for personal belongings left in vehicles. Signer hereby accepts that the Released Parties are not responsible for carrying liability and bodily injury insurance policies to cover any injuries sustained by Participant in connection with any transportation activities provided to Participant by the Released Parties.

OFF-SITE PARTNER ORGANIZATION RELEASES:

LifeLab Durham partners with various community organizations to deliver program activities, which may include automotive service providers, fire departments, conservation areas, community organizations, and other local businesses and nonprofits. While LifeLab Durham remains responsible for direct supervision and safety decisions regarding Participant during off-site visits, Signer expressly acknowledges that these partner organizations' employees, staff, volunteers, and facilities are being used as part of the program experience and the scheduled Activities.

Participant releases all partner organizations and their respective employees, agents, and volunteers from any and all claims arising from Participant's participation in off-site Activities to the fullest extent permitted by North Carolina law. This release is intended to apply to claims arising from ordinary negligence, gross negligence, and inherent risks associated with off-site program Activities, to the fullest extent permitted by North Carolina law, and does not apply to willful or wanton misconduct, intentional misconduct, or violations of law.

LifeLab Durham will provide written notice of specific partner organizations at least seven (7) days prior to scheduled off-site visits. Parents may request information about partner safety practices and may withdraw Participant from specific off-site Activities with notice, though such withdrawal may affect Participant's program experience.

12. CANCELLATION AND REFUND POLICY

CANCELLATION BY PARTICIPANT/PARENT:

LifeLab Durham operates on a sliding scale refund schedule:

- Full refund if canceled 60 or more days before program start (August 10, 2026);
- 50% refund if canceled between 59 days and 30 days before program start;
- No refund if canceled less than 30 days before program start; and
- NO REFUND for Participant's dismissal due to Code of Conduct violations.

CANCELLATION BY LIFELAB DURHAM:

If LifeLab Durham cancels the program before August 10, 2026: full refund of the program fee, excluding non-refundable Stripe and payment processing fees, will be issued to all families within fourteen (14) business days.

If LifeLab Durham cancels the program after August 10, 2026 due to facility closure, complete program shutdown, or unavoidable emergency, LifeLab Durham may offer a proportional refund of the program fee, excluding non-refundable Stripe and payment processing fees, or offer an alternative program date in 2027 at no additional cost.

WEATHER POLICY:

The program will operate in rain, heat, and moderate weather. Daily activities may be modified, moved indoors, postponed, rescheduled, or replaced as needed for Participant's safety. No refund is issued for weather-related schedule adjustments, Activity modifications, or rescheduled outdoor Activities. Severe weather or unsafe conditions may result in cancellation, postponement, or rescheduling of one or more program days, part of the program, or the full program. Families will be notified as soon as reasonably practicable of significant schedule, location, cancellation, or rescheduling decisions.

PAYMENT:

Payment is processed through Stripe and is non-refundable except as expressly outlined above. Stripe and payment processing fees are non-refundable in all circumstances. Any approved refund will be issued via the original payment method within fourteen (14) business days of cancellation notice or refund approval.

13. ACKNOWLEDGMENT AND SIGNATURE

Signer acknowledges that they have read this entire Release carefully and understands that by signing below, they are giving up substantial legal rights, including the right to sue. Signer signs this Release voluntarily and with full knowledge

of its significance. Signer understands that their execution of this Release is a condition of Participant's participation in LifeLab Durham, and that Participant would not be permitted to engage in the Activities without Signer agreeing to the terms of this Release. Signer hereby certifies that they have discussed the risks and rules of participation with Participant and that Participant understands and accepts the risks inherent in Participant's engagement in the Activities offered by LifeLab Durham. Signer represents and warrants that they are the parent or legal guardian of Participant, or otherwise have legal authority to sign this Release on Participant's behalf.

This Release shall be governed by and construed in accordance with the laws of the State of North Carolina, without regard to its conflict-of-laws principles. Any dispute, claim, or controversy arising out of or relating to this agreement or participation in LifeLab Durham shall be subject to the exclusive jurisdiction and venue of the state or federal courts located in Durham County, North Carolina, and the parties irrevocably consent to such jurisdiction and venue.

MANDATORY MEDIATION: Prior to filing any lawsuit or initiating any legal proceeding arising out of or relating to this Release or participation in LifeLab Durham, the parties agree to participate in good-faith mediation before a mutually agreed-upon mediator in Durham County, North Carolina. If the parties cannot agree on a mediator within fifteen (15) days of a written request for mediation, either party may request the North Carolina Dispute Resolution Commission to appoint a mediator. No action may be filed in court until the mediation has been completed or until sixty (60) days after the written request for mediation, whichever occurs first.

WAIVER OF JURY TRIAL: TO THE FULLEST EXTENT PERMITTED BY LAW, THE PARTIES HEREBY KNOWINGLY, VOLUNTARILY, AND IRREVOCABLY WAIVE ANY RIGHT TO A TRIAL BY JURY IN ANY ACTION, PROCEEDING, OR COUNTERCLAIM ARISING OUT OF OR RELATING TO THIS RELEASE OR PARTICIPANT'S PARTICIPATION IN LIFELAB DURHAM.

ATTORNEYS' FEES: In any legal action or proceeding arising out of or relating to this Release, the prevailing party shall be entitled to recover its reasonable attorney's fees, court costs, and litigation expenses from the non-prevailing party, in addition to any other relief to which it may be entitled.

This Release contains the entire agreement regarding Participant's participation in the Activities offered by LifeLab Durham and supersedes any prior oral or written statements regarding the subject matter. No amendment, modification, or waiver of any provision of this Release shall be effective unless made in writing and signed by the party against whom enforcement is sought.

I agree that an electronic signature, typed signature, checkbox acknowledgment, or digital acceptance submitted through LifeLab Durham's registration or payment process has the same legal effect as an original handwritten signature, to the fullest extent permitted by law.

I acknowledge that I have received, or will be provided before the program begins, additional LifeLab Durham program materials, which may include the camp schedule, activity overview, what-to-bring list, clothing and footwear requirements, drop-off and pickup instructions, and other practical information. I agree to review those materials with my child and understand that they form part of the program expectations and safety guidance.

I HAVE CAREFULLY READ THIS RELEASE AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THE TERMS OF THE RELEASE ARE CONTRACTUAL AND NOT A MERE RECITAL, AND SIGN IT OF MY OWN FREE WILL.

Participant name, parent/guardian name, signature, date, and relationship to participant are captured electronically via the LifeLab Durham registration form at lifelabdurham.com. The electronic signature submitted through that form has the same legal effect as a handwritten signature.

www.lifelabdurham.com | dale@lifelabdurham.com

Program Director: Dale ter Haar | Partner: Aldersgate United Methodist Church | Lydia Cauley, Director of Family Ministries